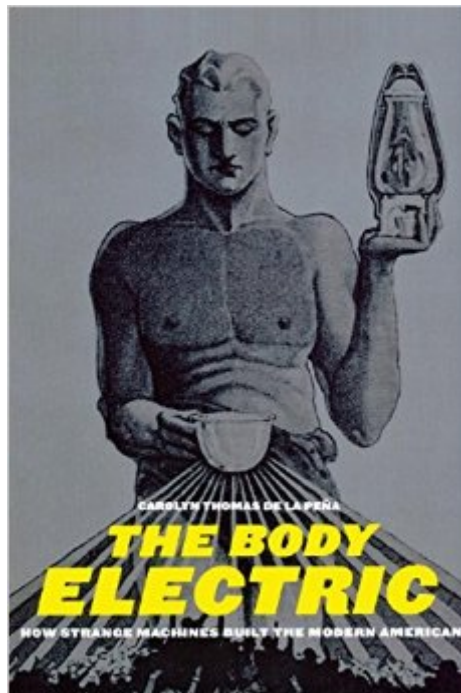


The book was found

The Body Electric: How Strange Machines Built The Modern American (American History And Culture)



Synopsis

Between the years 1850 and 1950, Americans became the leading energy consumers on the planet, expending tremendous physical resources on energy exploration, mental resources on energy exploitation, and monetary resources on energy acquisition. A unique combination of pseudoscientific theories of health and the public's rudimentary understanding of energy created an age in which sources of industrial power seemed capable of curing the physical limitations and ill health that plagued Victorian bodies. Licensed and quack physicians alike promoted machines, electricity, and radium as invigorating cures, veritable "fountains of youth" that would infuse the body with energy and push out disease and death. *The Body Electric* is the first book to place changing ideas about fitness and gender in dialogue with the popular culture of technology. Whether through wearing electric belts, drinking radium water, or lifting mechanized weights, many Americans came to believe that by embracing the nation's rapid march to industrialization, electrification, and "radiomania," their bodies would emerge fully powered. Only by uncovering this belief's passions and products, Thomas de la Peña argues, can we fully understand our culture's twentieth-century energy enthusiasm.

Book Information

Series: American History and Culture

Paperback: 329 pages

Publisher: NYU Press (April 1, 2005)

Language: English

ISBN-10: 081471983X

ISBN-13: 978-0814719831

Product Dimensions: 6 x 0.8 x 9 inches

Shipping Weight: 1 pounds (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars [See all reviews](#) (4 customer reviews)

Best Sellers Rank: #1,932,667 in Books (See Top 100 in Books) #58 in [Books > Textbooks >](#)

[Medicine & Health Sciences > Reference > Instruments & Supplies](#) #101 in [Books > Medical](#)

[Books > Medicine > Reference > Instruments & Supplies](#) #765 in [Books > Textbooks > Medicine](#)

[& Health Sciences > Medicine > Clinical > Physical Medicine & Rehabilitation](#)

Customer Reviews

This book shows that our current obsessions with our bodies and machines have roots as old as the rise of consumer electricity. Technology in America takes on religious forms. And Professor de la

Pena shows the extent of influence of such ideas as "electricity as therapy." This is so well written you won't be able to put it down. It explains complex technological details in clear and precise terms. Its influence should last a long time.

A delightful history of our American obsession with self-improvement and reinvention, our love affair with gimmicks and gadgetry, and our unshakable devotion to the promise of the quick fix. A font of well-researched information treated with humor and insight, this book provides a rich context for the ongoing body-image debate in present day American culture. Highly recommended!

Carolyn Thomas de la Pena has written a masterful book. In exploring the ways Americans have used their bodies to understand new technologies, she sheds light on the origins of our own interactions with modern machines. The author supports her findings with meticulously researched facts, and it is clear she spent exhausting hours in the archives, combing through newspaper articles, advertisements, and product materials. She does an equally thorough job of contextualizing her conclusions. By linking her findings to social and cultural shifts taking place at the same time people were drinking radium water or experimenting with electric belts, she strengthens her argument and is able to draw new and important conclusions about the ways Americans were using technology around the turn of the twentieth century. Her clear and concise writing style make the book a smooth and enjoyable read, besides being one that is extremely relevant to our modern lives.

As I read this book, I marveled at the way in which Ms. Thomas de la Pena explained in detail the obsession Americans have had for so long with physical fitness and weight loss techniques; the belief by many Americans that their bodies, after use of some of these documented, extreme -- to us -- measures, would emerge greatly improved. This book helps us energy-bar-eating, aerobically-charged, iron-pumping 21st-Century individuals understand how it is that we got this way!

[Download to continue reading...](#)

The Body Electric: How Strange Machines Built the Modern American (American History and Culture) Cooking Under Pressure -The Ultimate Electric Pressure Recipe Cookbook and Guide for Electric Pressure Cookers.: New 2016 Edition - Now Contains 250 Electric Pressure Cooker Recipes. BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies)

Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Vintage Coca-cola Machines a Price and Identification Guide to Collectible Coolers and Machines Slot Machines and Coin-Op Games: A Collector's Guide to One-Armed Bandits and Amusement Machines The Pilates Body: The Ultimate At-Home Guide to Strengthening, Lengthening and Toning Your Body- Without Machines Principles of Electric Machines and Power Electronics, Second Edition Electric Machines and Drives Schaum's Outline of Electric Machines & Electromechanics BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Instant Pot Cookbook: Quick And Very Easy Electric Pressure Cooker Recipes For Every Taste (Instant Pot Recipes, Instant Pot Electric, Pressure Cooker, Slow Cooker Book 1) Electric Pressure Cooker Cookbook: Delicious, Quick And Easy To Prepare Electric Pressure Cooker Cookbook Recipes You Can Cook Tonight! History: Human History in 50 Events: From Ancient Civilizations to Modern Times (World History, History Books, People History) (History in 50 Events Series Book 1) History: British History in 50 Events: From First Immigration to Modern Empire (English History, History Books, British History Textbook) (History in 50 Events Series Book 11) The Unofficial Power Pressure Cooker XL® Cookbook: Over 120 Incredible Electric Pressure Cooker Recipes For Busy Families (Electric Pressure Cooker Recipes Series) Electric Eats (Electric Eats: Putting your Cooking Tools to Work! Book 1) Pressure Cooker: 365 Days of Electric Pressure Cooker Recipes (Pressure Cooker, Pressure Cooker Recipes, Pressure Cooker Cookbook, Electric Pressure Cooker ... Instant Pot Pressure Cooker Cookbook) Electric pressure cooker: top 40 easy recipes for your health: pressure cooker cookbook, healthy recipes, slow cooker, electric pressure coobook Electric Motors in the Home Workshop: A Practical Guide to Methods of Utilizing Readily Available Electric Motors in Typical Small Workshop Applications (Workshop Practice Series)

[Dmca](#)